

# THE RIGHTS OF CARERS



- ★ All carers are to have the same rights, choices and opportunities regardless of age, race, sex, disability, sexuality, religious or political beliefs, heritage, cultural or linguistic differences, socioeconomic status or locality.
- ★ Children and young people who are carers are to have the same rights as all children and young people and are to be supported to reach their full potential.
- ★ The valuable social and economic contribution that carers make to society is to be recognised and supported.
- ★ Carers are to be supported to enjoy optimum health and social wellbeing and to participate in family, social and community life.
- ★ Carers are to be acknowledged as individuals with their own needs within and beyond the caring role.
- ★ The relationship between carers and the persons for whom they care is to be recognised and respected.
- ★ Carers are to be considered as partners with other care providers in the provision of care, acknowledging the unique knowledge and experience of carers.
- ★ Carers are to be treated with dignity and respect.
- ★ Carers are to be supported to achieve greater economic wellbeing and sustainability and, where appropriate, should have opportunities to participate in employment and education.
- ★ Support for carers is to be timely, responsive, appropriate and accessible.

