

## HOW DO I SIGN UP?

If you'd like to participate in the Vocational Support Program, talk to your counsellor. They will then set up a meeting with you and the Vocational Specialist. We will then work closely together to support you through your vocational journey.



## CONNECT WITH YOUTH FOCUS

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**VOCATIONAL  
SUPPORT PROGRAM**

*for young people*





## WHO IS YOUTH FOCUS?

Youth Focus is a leading not-for-profit organisation that delivers free and accessible mental health services and programs across Western Australia to young people aged 12 to 25 and their families.

## WHAT IS THE YOUTH FOCUS VOCATIONAL SUPPORT PROGRAM?

Youth Focus offers free vocational support to help its young clients with mental health challenges obtain and sustain meaningful employment or education.

We can also assist in finding training or education that will help develop skills to increase your chances of obtaining work. It's all about finding you a job or training that you love, working together to overcome barriers and supporting you to achieve your goals.



## SO WHAT HAPPENS?

Our Vocational Support Program is complementary to clinical support. The Vocational Specialist and your counsellor will work closely, sharing information and ideas to improve your wellbeing.

They will help you with:

- \* Identifying training or education that you may be interested in and assistance in the application process
- \* Creating or updating a resume and cover letter
- \* Looking for work
- \* Preparing for an interview
- \* Working with any existing jobactive, DES Support providers and Centrelink
- \* Starting a new job
- \* Talking to your employer about your mental health barriers so that you feel safe and supported
- \* Ongoing job support to keep you mentally well and employed

## WHO CAN ACCESS THIS SERVICE?

Any young person who is engaged in counselling services with Youth Focus and is willing and motivated to find employment or complete education to gain new skills. This service is also offered by headspace Albany and Midland.

