


Mental health support for young people.

Youth Focus supports young people aged 12 - 25 to thrive, by helping to make sure that your mental health does not get in the way of you being who you want to be.

We provide counselling, education and employment services at no cost, from our locations across Western Australia, and in many schools and communities.

NEED SUPPORT?

 **08 6266 4333**
weekdays, 9am-5pm

 **hello@youthfocus.com.au**

 **youthfocus.com.au**

 **@youthfocuswa**

NEED URGENT SUPPORT?

Mental Health Emergency Response Line
1300 555 788

CAMHS Crisis Connect
1800 048 636

13YARN **13 92 76**

Here for You **1800 437 348**

Rurallink **1800 552 002**

Lifeline **13 11 14**

