



Annual Report **2021/22**





Youth Focus acknowledges the Traditional Custodians of country throughout Western Australia and their connections to land, sea and community. We pay our respect to Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander people.

Youth Focus is committed to ensuring every individual that interacts with us feels safe and is able to bring their whole selves, being welcomed with equity, dignity and respect. In doing so, we understand that we must first include, listen, and reflect in order to build trust, connect, and partner. We celebrate individuality and are guided by the stories and journeys of the communities in which we live and work. Everyone is welcome at Youth Focus.

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Tuesday - Saturday
12:00pm - Late
Sunday
12:00pm - 8pm
Monday - Closed
Except Public and School Holidays
11am - 8pm
All enquiries to bookings please call 0202 1300
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About us

yf



Youth Focus is a leading mental health provider that has been supporting the wellbeing of young people in the Western Australian community for 28 years.



OUR VISION

Healthy young people engaging in society, enjoying wellbeing and self-determination



OUR MISSION

To equip young people who experience mental health challenges to lead meaningful lives



OUR VALUES

Dynamic
Integrity
Passionate
Quality
Collaboration

The Youth Focus mission is to equip young people who experience mental health challenges to lead meaningful lives. It does this by offering a range of high quality, safe and accessible mental health services to thousands of young people and their families each year. In addition to counselling, Youth Focus provides group-based programs, mentoring and vocational support.

Youth Focus also engages with communities to educate and build awareness about youth mental health issues, suicide prevention and postvention, through outreach programs in schools, workplaces and communities.

Youth Focus operates from eight metropolitan and regional offices and is the lead agency for four headspace centres.

"I don't think I've ever worked in an organisation that truly put a young person first as much as Youth Focus. We're doing things not just to tick boxes but with the young person's best interest in mind."

BRYAN STEWART
YOUTH ACCESS CLINICIAN
HEADSPACE MIDLAND

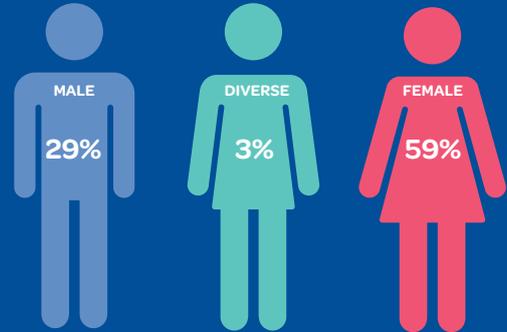
32,953

OCCASIONS OF SERVICE

Our year in numbers

3,577

YOUNG PEOPLE SUPPORTED ACROSS YOUTH FOCUS & HEADSPACE



CLIENT GENDER BALANCE
9% NOT STATED

4,175

YOUNG PEOPLE EDUCATED THROUGH THE YOUTH FOCUS EDUCATION PROGRAM

The way Youth Focus collects, manages and reports on data has changed significantly since 2019/20. Due to this evolution, and the impact of COVID-19 on services, the number of Occasions of Service and Young People Supported in 2020/21 are not directly comparable to previous years.

12-14

15-17

18-20

21-23

24+

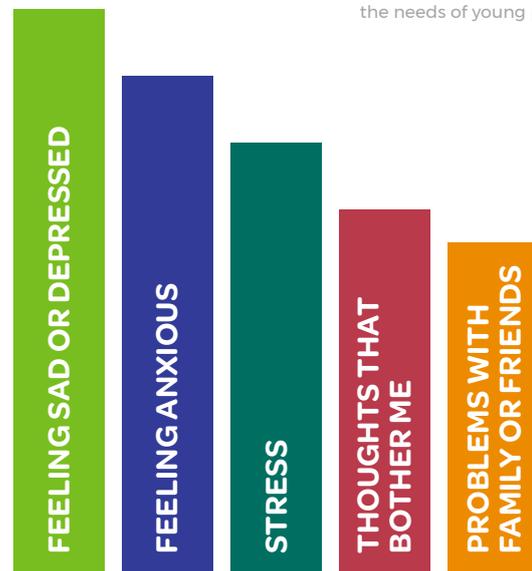
AVERAGE AGE OF CLIENTS

PRIMARY PRESENTING ISSUES

Youth Focus and headspace centres record presenting issues slightly differently, in line with the way in which each service works to meet the needs of young people.



YOUTH FOCUS



HEADSPACE

Chair & CEO report

It's been a progressive year for Youth Focus, with 2021/22 focused on building strong foundations for a positive future for our organisation and importantly, for the young people we support.

At the centre of our efforts was a collaborative organisation-wide reform to our structure and policies, to further enhance our ability to deliver meaningful, safe and quality services.

In doing so, we strengthened our support to young people and helped build more resilient communities across Western Australia, while ensuring young people remained at the centre of our operations and guiding principles.

In 2021/22, we restructured our service operations and introduced a regional model which better integrates our headspace and Youth Focus services. We also redefined our models of care and developed a new intake and triage system to ensure our accredited, in-demand services are even more accessible for young people.

Youth Focus also continued to play a role in shaping and improving the health system for young people. We participated in the Mental Health Commission's Interagency Expert Advisory Committee, to help inform the development of a whole of system plan for the public specialist infant, child and adolescent mental health service system.

Our clients come to us with a range of complex issues including anxiety, depression, suicidal ideation, self-harm and family conflict. Importantly, the clinical results have been overwhelmingly positive, with many of our clients reporting an improvement in their psychological wellbeing and positive experience of the service.

In 2021/22, Youth Focus supported 3,577 young people through 32,953 occasions of service from our nine offices across Western Australia, four headspace centres and several outreach locations.

Through the headspace centres operated by Youth Focus in Albany, Geraldton, Northam and Midland, we worked with 2,684 young people through 22,217 occasions of clinical or vocational service.

OUR COMMITMENT TO ADVANCING RECONCILIATION

At Youth Focus, we are wholeheartedly committed to reconciliation and to building meaningful partnerships with Aboriginal people, to make a positive impact on the social and emotional wellbeing of First Nations Australians.

In 2021/22, we continued to focus on reconciliation and the delivery of culturally safe services to young people from diverse backgrounds, cultures and life experiences. We delved deeply into our Reflect Reconciliation Action Plan, launched in May 2021. We're excited to now enter the planning phase to develop and implement an Innovate Reconciliation Action Plan. This RAP will focus on strengthening relationships with Aboriginal and Torres Strait Islander peoples, further engaging staff and stakeholders in reconciliation, and developing and piloting innovative strategies to partner with First Nations peoples.

SUPPORTING YOUNG PEOPLE INTO EMPLOYMENT AND EDUCATION PATHWAYS

In 2021/22, Youth Focus continued to offer its evidenced based Individual Placement and Support Program to support young people living with mental health issues in gaining meaningful employment and education. Evidence shows that there is a direct relationship between a young person's mental health and employment, and attaining employment and/or education is a protective factor against future experiences of mental ill-health.

In the last financial year, the program has been highly successful and has continued to expand. With support offered from the Perth metropolitan and Peel regions, Albany, Midland and Geraldton, Youth Focus is a key provider of education and employment support for young Western Australians with mental health challenges and barriers.

OUR COMMITMENT TO QUALITY AND SAFETY

During 2021/22, we further embedded our Guiding Principles and as a result, we launched a new Quality, Safety and Governance Framework which forms an aligned definition of safe and high-quality services.



Arthur Papakotsias, CEO and Dean Hely, Board Chair

OUR PEOPLE ARE OUR GREATEST STRENGTH

We would like to acknowledge and celebrate the dedication, passion, diversity, and professionalism of our Youth Focus team, who work tirelessly in all areas of our organisation – from services and headspace to events, partnerships and corporate services. Their contributions and commitment to our values enable us to continue to strive towards our shared vision of healthy young people engaging in society, enjoying wellbeing and self-determination.

We would also like to thank the Board of Directors and welcome Dr Peter Wynn Owen, who joined in May 2022. We gratefully acknowledge the contributions of Paul Larsen, who will step down from the Board in November 2022.

EDUCATING COMMUNITIES ACROSS WESTERN AUSTRALIA

Youth Focus continues to lead the way in providing meaningful education and engagement through partnerships with schools, workplaces, and local community groups throughout Western Australia.

In 2021/22, we educated and helped increase the mental health literacy of 4,175 young people through 142 in-school sessions.

These sessions provide the community with the knowledge, resources, and confidence to talk safely and openly about mental health issues, reduce stigma and encourage people to seek help for themselves and others.

CREATING A SUSTAINABLE FUTURE

Youth Focus recorded a \$983,649 surplus for the 2021/22 financial year. Organisational reserves continue to remain healthy and will support strategic investments to enhance the delivery of accessible, safe and quality services to young people.

We continued to connect with the community through our events and partnerships in 2021/22. In March, the Hawaiian Ride for Youth celebrated its 20th anniversary. This iconic event continues to break new ground, fundraising a record \$3 million to support Youth Focus. We are sincerely grateful to the more than 200 riders and support crew for their commitment to our cause.

PARTNERING FOR PURPOSE

We are thankful for the commitment of our corporate partners, donors, funders and supporters - their generous support makes a real and significant difference to the lives of young people. In particular, we would like to acknowledge Youth Focus Premier Partners: Alcoa of Australia, BHP, Channel 7 Telethon Trust, Future Generation Global, Hawaiian, Mineral Resources and Royal Flying Doctor Service WA.

Government relationships and partnerships are also crucial to the ability of our organisation to deliver our vital services throughout the community. We acknowledge the relationships with the WA Mental Health Commission, the Department of Local Government, Sport and Cultural Industries, the Department of Communities, the Department of Education, and the Department of Social Services. We are also grateful for the strong relationship with the WA Primary Health Alliance - a partnership that enables Youth Focus to amplify its reach throughout Western Australia.

OUR FUTURE FOCUS

The new financial year will see Youth Focus introduce a revitalised three-year Strategic Plan 2023-26. This new strategic plan will act as the foundation to enable our organisation to grow and evolve while we continue to offer professional, safe and quality services and expand our reach to support more young people and their families.

As a leading provider of youth mental services in Western Australia with a proud 28 year history, we are committed to supporting young people to lead full and healthy lives, and to building mental health literacy in our community.

On behalf of all of us at Youth Focus, thank you for your support as we continue to support young people in Western Australia to create bright and positive futures.

DEAN HELY CHAIR

ARTHUR PAPANAKOTSIS CEO





“I am more confident in my ability to reach out to other people and in my ability to handle my own emotions.”

ROSE
YOUTH FOCUS CLIENT

My name is Rose. I love writing, and I spend most of my time reading. I am currently studying at university and am also writing a novel.

Rose's story



In year 8, I was diagnosed with anxiety after 13 weeks of chronic stomach pain, hospital trips and specialist appointments. No one could figure out what was wrong until one doctor suggested it could be anxiety.

During school, I spent a lot of time in student services, unable to go to class, and was often sent home. My attendance at school dropped to about 60 per cent because my anxiety was so debilitating. I was constantly arguing with my family and I was disconnected from my friends. I was isolating myself from everyone, unable to connect and not wanting to face the reality of school, pressure and responsibility. I faced panic attacks on an almost nightly basis.

When you're a teenager, and you don't understand what's happening, it can be quite frightening, and isolating, thinking you're the only one going through all of this.

Mentally, I hit my lowest in year 11 during the first round of exams. I also subconsciously placed a mental block on the entirety of year 9 - I just don't remember that year of my life. My anxiety presented itself physically in my stomach, my head, and then eventually became an eating disorder.

My mental health journey has been a long one, with some really low moments. I am glad for the help that I was able to receive because it helped me recover.

I came to Youth Focus several years ago after being recommended for counselling. I met my counsellor and I enjoyed speaking with her. We met weekly and I began to handle my anxiety better. Of course, there were troughs and peaks to this healing process, but that is to be expected. I wouldn't be where I am now without the help that Youth Focus offered.

My counsellor recommended the Youth Focus mentoring program to help me transition from regular counselling. Thanks to Youth Focus counselling and the mentoring program, I was able to spend my final year of high school with the assurance that if I mentally relapsed, I had someone there I could talk to.

I still have my moments, but now I can overcome them. I am more confident in my ability to reach out to other people and in my ability to handle my own emotions.

If I hadn't found Youth Focus, then I would be in a very dark place. Youth Focus has helped me overcome my anxiety and self-esteem issues. It helped me find healing.

Rose



Our counselling services

The vital services Youth Focus provides to young Western Australians continued to evolve and diversify throughout 2021/22.

A key priority continues to be the provision of safe, timely and high quality services to support young peoples' mental health.

Youth Focus recognises that to provide an appropriate and responsive model of care, its services need to be targeted to meet the needs of local communities. Youth Focus provides a range of services to support the mental wellbeing of young people across the state. In 2021/22, Youth Focus had sites in Burswood, Albany, Bunbury, Joondalup, Mandurah and Meekatharra, headspace centres in Albany, Geraldton, Midland and Northam, satellite locations in Cockburn, Leederville, Kwinana, Rockingham, and 48 schools across the state.

Youth Focus made the decision to close its Joondalup office in June 2022. This closure was due to the current site not being suitable to the needs of young people, staff and growth of the organisation. Youth Focus will explore options for suitable alternate premises in the Joondalup area and continues to support young people based in Joondalup and surrounds from its Burswood office, in schools, via telehealth and in partnership with other local agencies.

This financial year, Youth Focus provided a range of counselling, vocational support, community engagement and awareness, and postvention services to 893 young people through 10,736 occasions of service - not including young people supported at headspace centres.

Despite the significant impacts of COVID-19 on the entire workforce, staff worked tirelessly to support the continuity of services, demonstrating enormous dedication and resilience.

In 2021/22, Youth Focus restructured its service operations and introduced a regional model to better integrate its headspace and Youth Focus services. It also streamlined its intake processes to be informed by local communities, reduce wait times and ensure that young people are sooner able to access relevant and effective support. To achieve this, Youth Focus adapted its care pathways to implement Single Session Thinking, which effectively operates as a one-at-a-time counselling service as needed by the young person.

In 2021/22, 63 per cent of all young people who received Youth Focus support were female, 18 per cent male, 2 per cent non-binary and 17 per cent not disclosed or unstated. Nearly half the young people who received support were aged between 15 to 17 years old.

Youth Focus is passionate about diversity and inclusion. It understands that the prevalence of mental health challenges in marginal groups is disproportionately high.

Youth Focus is committed to ongoing listening, learning and to understanding how systems and situations further impact marginalised young people. As mental health professionals, the team at Youth Focus recognise that young people are the experts in their own experience.

The most common presentations for young people referred to Youth Focus in 2021/22 were anxiety, depression, self-harm, suicidal ideation and family conflict, with at least 90 per cent reporting more than one of these issues affected their lives at the time of referral.

Youth Focus supports young people with a range of evidence-based approaches. Youth Focus understands that clinical best practice should balance the ability to learn from what is helpful or unhelpful for different young people, families and communities.

"The value that stands out most to me is collaboration. I love the collaborative approach we take to young people's care and that the collaboration involves a multidisciplinary team of so many people from different backgrounds who bring with them different skills."

CHLOE CORSER
HEADSPACE MIDLAND PRAC STUDENT & YOUTH FOCUS TRIAGE OFFICER



“I think quality and integrity are the values that stand out most to me. Our team provide a really timely and high quality service which makes me confident that young people are going to be given a good experience when they come in contact with our service. We act with integrity and do our best even when external systems outside of headspace/ Youth Focus create barriers or don’t work as they’re intended. We’re not afraid to ask other services tough questions and give feedback when the young people we work with run into barriers.”

STACEY LEBLANC
CLINICAL LEAD
HEADSPACE MIDLAND

In 2021, Youth Focus identified a need to develop a culturally informed service within the Mid West town of Meekatharra and surrounds. Through considered consultation with the community, the Youth Focus Meekatharra team has moved to a newly refurbished, fit-for-purpose office. The Youth Focus Meekatharra team has embedded the Social and Emotional Wellbeing Model of Care into its practice. The model aims to put the young person at the centre of their care by encouraging self-determination, creating and enhancing connections to culture, family, self, country and spirituality. This in turn builds community capability.

The service works to engage young people in culturally appropriate ways, finding creative approaches to support their mental health. This includes art programs, cooking, and cultural learning activities. Youth Focus in Meekatharra has worked closely with the community to forge meaningful and collaborative partnerships, including with Yulella Aboriginal Corporation, the Shire of Meekatharra, Meekatharra District High School and WA Police to provide holistic support to young people and promote mental wellbeing.

GUIDING PRINCIPLES AND COLLABORATION

A young person’s journey is unique to them and Youth Focus understands the importance of including family and carers in a young person’s mental health recovery. To ensure Youth Focus provides services in line with the needs of young people, their families, carers and the community, Youth Focus introduced its own Guiding Principles. During 2021/22, the organisation further embedded these principles and as a result, launched a new Quality, Safety and Governance Framework which forms an aligned definition of safe and high-quality services.

Youth Focus continued to work closely with schools including principals, chaplains, school psychologists and student support staff to provide counselling services in 48 metropolitan and regional high schools. During COVID-19 restrictions, these services were maintained in the vast majority of school locations or through the provision of telehealth.

Youth Focus partners with headspace National funded via WA Primary Health Alliance (WAPHA) as lead agency for headspace Midland, Albany, Geraldton and Northam. headspace centres partner with multiple organisations and community partners through the centres’ consortium models.

Youth Focus also partners with a variety of peak bodies and agencies including the Youth Affairs Council of WA, Western Australian Association for Mental Health, Orygen and Telethon Kids Institute to support in shaping evidence-based services and advocating for suicide prevention awareness and services for young people.



headspace services

Youth Focus is the lead agency for four headspace centres in Western Australia - in Midland, Geraldton, Albany and Northam.

headspace offers a free and confidential service that provides mental health and wellbeing services to young people aged 12 to 25. This includes early intervention services, counselling, Individual Placement and Support programs, groups and community engagement.

HEADSPACE MIDLAND

14,005
OCCASIONS OF SERVICE

1,295
YOUNG PEOPLE

headspace Midland operates a range of mental health programs for young people, including an Early Psychosis program. In 2021/22, headspace Midland provided 14,005 occasions of service to 1,295 young people. During this time, its Early Psychosis team provided case management and support to 130 young people.

In 2021/22, headspace Midland continued to offer a range of group programs, including 'Our Place: A Safe Space'. Our Place is a drop-in service for young LGBTQIA+ people aged 12 to 25 to connect with others in their community without fear of discrimination. The service, which runs both in-person and online, is a collaborative effort between City of Swan, Swan City Youth Service, Youth Focus and headspace Midland.



Surf to Smile participants in Geraldton

HEADSPACE GERALDTON

2,284
OCCASIONS OF SERVICE

568
YOUNG PEOPLE

During 2021/22, headspace Geraldton continued to build on its engagement programs and deliver a professional youth mental health service that supports young people in the local community.

In the last financial year, headspace Geraldton provided 2,284 occasions of service to 568 young people, including 255 new clients. Its team received an outstanding client satisfaction score of 87.5 per cent from the young people in its care.

headspace Geraldton continues to actively engage young men and Aboriginal and Torres Strait Islanders peoples, and continued to see an increase in service delivery to these at-risk groups. In 2021/22, 24.3 per cent of all young people who accessed the service identified as Aboriginal or Torres Strait Islander.

Even with the impacts of COVID-19, the centre continued to provide face-to-face external engagements, and online meetings increased. headspace Geraldton also provided support within local schools to continue to meet the needs of the community's most marginalised young people.

"I've been doing the Surf to Smile program and it has helped me with my confidence and this is helping me get out of my cave and think more positively."

CLIENT
HEADSPACE GERALDTON

In 2021, the clinical team implemented Single Session Thinking to broaden the options of service delivery. headspace Geraldton continued to develop and deliver clinical and social groups to complement clinical support, including a safe space for the LGBTQIA+ community.

A successful partnership with A Glassy Day Surf Coaching resulted in Surf to Smile sessions being made available to young people in conjunction with clinical sessions. These sessions enabled young people experiencing mental health issues to connect with the ocean and build self-esteem and wellbeing through inclusive surfing lessons.

headspace Geraldton has now firmly embedded the Individual Placement and Support program into the fabric of its team and has witnessed outstanding results for young people through employment and education pathways.

"From the minute I walked into headspace Albany I had such a warm/positive vibe. I was given information, my questions answered and walked out feeling hopeful for my son. The staff all seem really lovely, thank you so much."

PARENT, HEADSPACE ALBANY

HEADSPACE ALBANY

3,875
OCCASIONS OF SERVICE

741
YOUNG PEOPLE

headspace Albany supported 741 young people through 3,875 occasions of service in 2021/22.

During the year, headspace Albany fully integrated its services with the local Youth Focus services, to offer one local point of contact, and a single unified referral triage and assessment for all referrals to the service. This precedes a significant renovation and expansion of the Albany premises which will commence in late 2022, which will see headspace Albany and Youth Focus co-locating offices.

headspace Albany focused on increased engagement with the local Menang Noongar community. This included a yarning circle with Elders to listen to their thoughts about the mental health needs of local Aboriginal young people and families. In response, headspace Albany changed its model of service delivery to increase the availability of walk-in no wait sessions. headspace Albany also hosted the first ever youth specific NAIDOC Week event in partnership with the Southern Aboriginal Corporation.

The changes to the service delivery models also increased opportunities for young men to engage with services, supported through significant engagement with the Great Southern Football league.



HEADSPACE NORTHAM

207
OCCASIONS OF SERVICE

80
YOUNG PEOPLE

In January 2022, headspace Northam navigated challenges with staffing shortages. During this time, the team relocated to headspace Midland and continued to provide successful engagement to the Wheatbelt community, through telehealth. Although this was not an ideal situation, young people and their families engaged meaningfully and referrals to the service continued.

In June 2022, headspace Northam reopened its doors and created a community drop-in space to encourage members of the community to visit the centre and receive information about services while creating important connections with the team.

The team had a strong presence at local events and schools, and at forums with other service providers. headspace Northam works closely with the local Northam community and with Elders Aunty Kathy Davis and Uncle Paul Parfitt, who have been invaluable in advocating on behalf of the centre in the community.

headspace Northam receives multiple referrals and community engagement requests each week, and supported 80 young people through 207 occasions of service in 2021/22.

Our commitment to reconciliation

REFLECT RECONCILIATION ACTION PLAN

In May 2021, Youth Focus launched its inaugural Reflect Reconciliation Action Plan (RAP). The RAP shows the organisation's deep commitment to reconciliation and a desire to make a positive impact on the social and emotional wellbeing of First Nations Australians.

The RAP has been delivered with Elders Aunty Muriel Bowie and Aunty Cheryl Phillips and Stephanie Ryder, working with the Youth Focus Reconciliation Working Group.

Youth Focus has committed to delivering the important actions within the RAP and is now preparing to embark on the next phase to create and implement an Innovate Reconciliation Action Plan.

The Innovate RAP will focus on developing and strengthening relationships with Aboriginal and Torres Strait Islander peoples, further engaging staff and stakeholders in reconciliation, and developing and piloting innovative strategies to empower Aboriginal and Torres Strait Islander peoples.

OUR RECONCILIATION PROGRESS:

- **Increased understanding, value and recognition of Aboriginal and Torres Strait Islander cultures and history through cultural learning**
- **Demonstrating respect to Aboriginal and Torres Strait Islander peoples by observing cultural protocols**
- **Established and continuing to strengthen mutually beneficial relationships with Aboriginal and Torres Strait Islander stakeholders and organisations**
- **Delivered organisation-wide Acknowledgement of Country training, in partnership with Rhys Paddick and Emma Gibbens, through Acknowledge This!**
- **Providing staff the opportunity to work on public holidays of cultural significance, such as 26 January**

"I find working with Youth Focus enjoyable and have comfort in knowing that they take on board what we say and our suggestions. Working with an Elder in Aunty Muriel has been good and I enjoy the friendship and working through issues. I feel very comfortable working with all the staff and knowing that we're doing it to help her mob and I hope it encourages the Aboriginal kids to come and use these services."

AUNTY CHERYL PHILLIPS

"One of my favourite parts of working with Youth Focus is feeling welcomed and comfortable. All of the staff are nice and friendly, and everyone is so easy to talk to and this means I feel at home at Youth Focus. I have enjoyed meeting and working with Steph and the Meekatharra team. We have lots of fun together."

AUNTY MURIEL BOWIE



RECONCILIATION
ACTION PLAN

REFLECT

"I found a bunch of people that think like me, and want to do the same things I want to do for the young people and my community. I feel so comfortable around everyone and I talk about Youth Focus that much that my family have gotten involved too."

STEPHANIE RYDER



Our Journey, Our Story



In 2021/22, Youth Focus, headspace Midland and headspace Northam continued to work in partnership with Curtin University on the Our Journey, Our Story (OJOS) project led by Dr Michael Wright, Elders Aunty Cheryl Taylor, Uncle Paul Parfitt, Aunty Kathy Davis, co-researchers Marleigh Zada and Kaisha Champion and teams (www.debakarn.com).

OJOS works with Aboriginal Elders, Aboriginal young people, headspace centres and their lead agencies across Western Australia to improve accessibility and responsiveness, with the aim for services to be flexible, responsive, confident, and competent in responding to the cultural needs of Aboriginal young people.

OJOS is unpinned by the principles of:

- Relationships are key
- Learning through experience
- Elders are the cultural authority and wisdom holders
- Humanity, inquisitiveness and openness

Youth Focus is committed to Debakarn Koorliny Wangkiny (Steady Walking and Talking) which focuses on deconstructing transactional ways of working and relearning to be relational in our approach. This has seen a huge shift in the way Youth Focus staff work with each other, young people, their friends and families and communities. Focusing on meaningful relationships, engagement and long-term change based on trust and respect.

In 2021/22 together Youth Focus have developed an implementation plan based on the research and learnings, focusing on Governance, Cultural Safety, and Workforce. Key to the success of 2021/22 has been the organisation's commitment to the project and the development of relationships with Elders. Youth Focus recognises that Elders are cultural and community leaders who bring a wealth of knowledge, wisdom and experience, both lived and professional.





“I got involved with Youth Focus as I want to make a difference in my community by creating better systems for our young people to get support. I enjoy our time together yarning over a steak sandwich, sharing knowledge, and working with other Elders. I can see it working, when we are all working together.”

UNCLE PAUL PARFITT

“Watching the staff grow in their confidence in working with Aboriginal people and organisations has been really beautiful to watch. There have been moments of doubt along the way about how best to move forward and connect, but each time that has happened staff have leaned into that discomfort and worked through it. I’ve been continually impressed with the passion and commitment of staff - it demonstrates new ways of working.”

AMANDA SIBOSADO
RESEARCH ASSOCIATE

“The impacts of the program have been profound and far-reaching and difficult to capture in words, our journey together as a team of increased competence, confidence, and capability being supported and guided by the OJOS team. Working together through the unlearning and relearning we have a deeper understanding of each other and certain magic and warmth that has been created through our connections and mutual respect which has infiltrated all of our meetings and interactions together, with our stakeholders and community.”

ANGIE PERKINS
YOUTH FOCUS COO

"You simplified a complex issue and gave realistic steps to help. I like that you were direct, caring and not fluffy about it."

YEAR 9 TEACHER

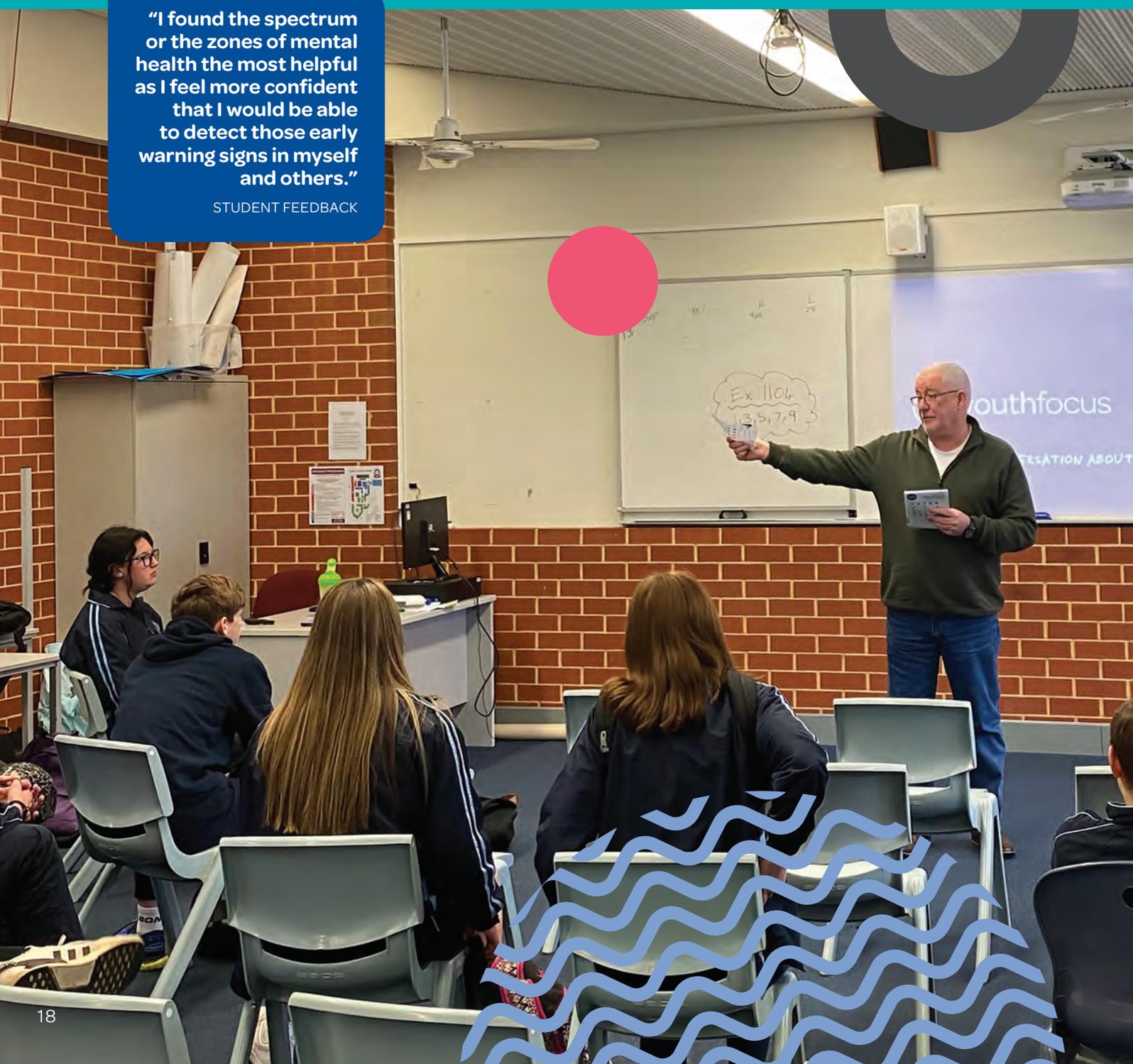
4,175
YOUNG PEOPLE

157
TEACHERS

142
SESSIONS

"I found the spectrum or the zones of mental health the most helpful as I feel more confident that I would be able to detect those early warning signs in myself and others."

STUDENT FEEDBACK



Education

Youth Focus has developed a range of unique, engaging and relevant programs designed specifically for young people, called Mental Notes.

The Youth Focus Education Program is endorsed by the Department of Education and is offered free to schools across Western Australia thanks to partnerships with the WA Mental Health Commission.

Youth Focus has been providing the program in school communities since 2012 and in May 2022, it celebrated its 10 year anniversary.

In 2021/22, in spite of COVID-19 restrictions and school closures the Youth Focus Education Program delivered 142 sessions reaching 4,175 young people, 51 parents/carers and 157 teachers across 43 schools. Since its inception, more than 45,000 students and their wider communities have benefited from the program.

The Youth Focus Education Program was proud to be awarded the Prevention and Promotion Award at the prestigious WA Mental Health Awards in 2021.



"I like that you have taken the focus away from depression and anxiety and talked more about life's challenges that we need to support our young people to get through."

PARENT FEEDBACK

Youth Focus has also developed a complementary, fee-for-service program for community members, which is delivered to a number of workplaces, sporting groups and local councils. Both the schools program and fee-for-service program focus on giving young people and their communities the confidence to have meaningful conversations about mental health and seek help if they are experiencing mental health challenges.

In 2021/22, Youth Focus provided education programs to 715 people at community education events.

MENTORING

The Youth Focus Mentoring Program continued in 2021/22 with 11 mentoring matches established.

Developing a positive and trusting relationship with a mentor can help support young people on their mental health journey. Youth Focus mentors are carefully assessed, selected and trained to become positive role models. One-to-one mentoring relationships enable young people who have received counselling to develop and enhance skills related to communication, self-esteem, goal setting, relationships and conflict resolution.

The objectives of the program are to increase young peoples' social support; increase their participation in life activities to encourage independence; and to assist with transitioning from a counselling environment into the social world.

The mentoring relationship is focused on the goals of the young person, and their own unique journey.

"Meeting my mentor has been so good, he has helped me so much. He has helped me be confident when I'm at uni and meeting new people and talked to me about my university course and helped me think more about my future but also how to enjoy what I am doing now. He's so nice and really listens to me and isn't there to tell me what to do but is there to support me in more of a personal way. Having a counsellor and a mentor has been really great."

YOUTH FOCUS MENTEE

Individual Placement & Support Program

The Individual Placement and Support program aims to help young people achieve their goals.

The Individual Placement and Support program exists to help young people aged 12 to 25 overcome mental health barriers to finding, gaining and sustaining employment and/or education.

The Individual Placement and Support program integrates employment and vocational services with clinical mental health and non-vocational support. It focuses on the individual needs of young people with mental health challenges who are seeking to enter, or remain in, education and employment.

By working with a counsellor and a vocational specialist, clients receive mental health support while being guided to identify employment or training opportunities, create resumes and cover letters, actively seek work and prepare for interviews.

With programs offered from Burswood and the Perth metropolitan area, Albany, Midland and Geraldton, Youth Focus is one of the largest providers of the Individual Placement and Support program for young Western Australians with mental health challenges.

Individual Placement and Support programs in Albany, Midland and Geraldton are funded by the Department of Social Services, with support provided by IPS Works and Western Australian Association of Mental Health (WAAMH).

YOUTH FOCUS BURSWOOD

62 YOUNG PEOPLE

The Youth Focus Burswood Individual Placement and Support (IPS) program began in 2019 through a partnership with Future Generation Global.

During 2021/22 the program, with the support of WAAMH, went through the IPS Fidelity process. Youth Focus met the requirements and transitioned to become an IPS provider.

During 2021/22, Youth Focus supported 62 young people. Of these young people, 55 were also receiving face-to-face counselling from Youth Focus clinicians.

The evaluation and feedback demonstrate that the impact this program is having on young people is remarkable. Obtaining and maintaining employment is vital for a person's sense of wellbeing, with benefits including a greater sense of autonomy, improved self-reported wellbeing, reduced depression and anxiety symptoms, increased access to resources to cope with demands, enhanced social status and opportunities for personal development.



“WorkWellness has helped me with so many different aspects of my life today, it has helped me find a job that I absolutely love. It has also provided me with many different learning experiences and has opened the door to many new things in my life that I would have never learnt alone. I have a bright future ahead of me thanks to WorkWellness and the team and I’m really excited for what the future holds.”

JESSICA, IPS CLIENT
HEADSPACE ALBANY

HEADSPACE ALBANY

68 YOUNG PEOPLE

This year, headspace Albany celebrated five years of offering Individual Placement and Support through its WorkWellness program.

In a productive year, in 2021/22, headspace Albany supported 68 young people into meaningful employment and education, along with employer development and community engagement with stakeholders in the local community.

In December 2021, headspace Albany reached an 'exemplary' score in its sixth fidelity review – an outstanding achievement for the whole centre, which reflects the importance the team places on the role of meaningful employment in mental health recovery.

In 2021/22, the team has forged collaborative relationships within the new Workforce Australia contract and other key stakeholders such as TAFE, Anglicare, Centrelink and local employers to provide strong pathways for young people seeking employment or other support services.

WorkWellness has been offered financial support through generous grants from the Albany Community Foundation, which has funded student accommodation, training courses, taxi vouchers, laptops and driving lessons.

During the year, headspace Albany has been involved in community events such as the Deadly Careers Expo with local Indigenous recruitment company Impact Services, jobs fairs and career expos at schools. WorkWellness has also been a voice to headspace National on best practice clinical integration with vocational services.

"Jess has picked up everything quickly, and is now starting tour guide training to start taking groups. She is coming together as an allrounder team member and we are happy to have her as a part of the team. She is a delight to have on board."

ALICE, EMPLOYER

HEADSPACE MIDLAND

54 YOUNG PEOPLE

headspace Midland's Work and Study Pathways program experienced significant changes in 2021/22 due to staffing shortages. Services have recommenced and the centre is again driving successful employment support for young people. Despite challenges, Work and Study Pathways has had many achievements throughout the year with both young people and employers.

In 2021/22, Work and Study Pathways supported 54 young people into meaningful employment. It also engaged with 280 employers which included new and established employers to learn about their recruitment needs, provide education about Work and Study Pathways, and build meaningful relationships to develop employment opportunities.

Work and Study Pathways continues to drive diversity with an emphasis on establishing genuine connections and increasing Indigenous and LGBTQIA+ clients. During 2021/22, 32 per cent of Work Pathways clients identified as LGBTQIA+ and 15 per cent as Aboriginal or Torres Strait Islander. This is a significant increase since last financial year.

Kara (pictured left) is passionate about environmental sustainability and is an avid green thumb. Work Pathways supported Kara to find a job that aligned to her values. Kara secured employment at a local flower factory. However, public transport was limited. Work Pathways supported Kara by purchasing her a pair of hot pink work boots, work clothing and a bicycle to get to and from work.

HEADSPACE GERALDTON

22 YOUNG PEOPLE

headspace Geraldton introduced its Individual Placement and Support program as WorkWonders in September 2021.

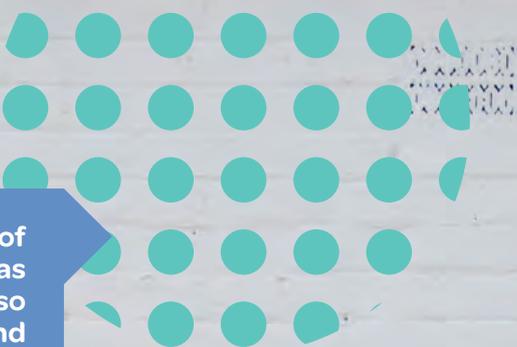
Since launching the now thriving WorkWonders, it has supported 22 young people with seven young people entering and retaining meaningful employment.

A number of partnerships have and continue to be developed with local stakeholders including TAFE, Jobs and Skills, Regional Alliance West, Workforce Australia and Centrelink.

WorkWonders spends time in the community engaging with employers at their place of work as well as employment exhibitions to develop links and opportunities for young people.

"Without WorkWonders help, I would not have been able to go to work, appointments and any of the headspace programs to make any friends."

IPS CLIENT
HEADSPACE GERALDTON



“Being a member of the YRG Midland has provided me with so many opportunities and experiences to work alongside passionate and like-minded individuals. I thoroughly enjoy collaborating with other YRG members with different walks of life to improve access to mental health services for young people.”

KASSANDRA, YRG MEMBER



Youth Focus and headspace Youth Reference Groups play a key role in informing mental health and wellbeing services.

Passionate about making a difference

YOUTH REFERENCE GROUPS

Youth Reference Groups (YRG) provide input into the strategic direction of services and allow for the voices of young people to be heard and included.

In 2021/22, 39 young people were involved in YRGs at Youth Focus Burswood and headspace centres in Geraldton, Midland and Northam, and in Albany, where the Youth Reference Group is called the headspace Advisory Committee.

Each YRG plays an important role in providing insights, observations, and helping to co-design Youth Focus and headspace services. Participating in these reference groups allows young people to direct youth health and wellbeing policy development and helps put young people at the centre of program and service design, advocacy and community engagement.

Throughout the year, the YRGs hosted and attended a range of rewarding education sessions and community and fundraising events, representing Youth Focus and headspace at several public speaking engagements, participating in local creative projects and campaigns.



The YRGs engaged with all levels of the organisation, including the Board of Directors, to inform and develop new strategies to ensure Youth Focus continues to put the voices of young people at the heart of its services and programs.

CARERS REFERENCE GROUP

Parents and carers are an integral part of a young person's mental health journey.

The Youth Focus Carers Reference Group (CRG) has been established to ensure parents, carers, relatives and significant others of youth mental health consumers have a voice. Members of the CRG are given the opportunity to provide input, feedback and participate in co-design to help shape Youth Focus' mental health services and programs, and in doing so improve the lives and experiences of young people and carers.

In 2021/22, the CRG continued to expand with a focus on ensuring a diverse collective of like-minded adults with lived experience, who aim to make a positive difference.

Youth Focus have also recruited two carers and two young people as members of the Youth Focus Quality and Safety Board Committee. Their contributions and experience have been invaluable to ensuring that youth and carers' perspectives shape the organisation's services.

Events boosting support for young people



HAWAIIAN RIDE FOR YOUTH CELEBRATES 20TH ANNIVERSARY

The Hawaiian Ride for Youth continues to break new ground 20 years on, fundraising a record \$3 million in its 20th anniversary year to support the mental health of young Western Australians.

Since 2003, the award-winning Hawaiian Ride for Youth has raised more than \$30 million to support Youth Focus and thousands of young Western Australians with mental health challenges.

On 22 March 2022, more than 200 cyclists embarked on the 700km Hawaiian Ride for Youth. Along the journey from Albany to Perth, they celebrated two decades of solidarity and commitment, while honouring the estimated 30,000 young lives that Youth Focus has helped change, thanks to the efforts of the event. It is estimated that another 35,000 young people have engaged with the Hawaiian Ride for Youth during school and community presentations.

Youth Focus is incredibly grateful to the riders, their families, the volunteer organising committee and 42 corporate sponsors, who collectively continue to make the Hawaiian Ride for Youth such an impactful fundraising event. It's thanks to this event that Youth Focus is able to support thousands of young Western Australians with mental health services each year.

In 2022 the Hawaiian Ride for Youth raised an incredible \$3 million in its 20th year.



PANORAMA

On Friday 12 November, Youth Focus was proud to host PANORAMA, with more than 100 supporters on board Perth's one of a kind floating venue, The Raft.

Enjoying breathtaking views of Perth City, the Swan River, and Elizabeth Quay, guests were treated to a gourmet four course luncheon and premium Australian beverages.

A stellar line up of young Western Australian talent made it a day to remember, and throughout the afternoon guests raised vital funds to support youth mental health. In the second year of PANORAMA, generous supporters raised more than \$150,000 for Youth Focus.

Youth Focus extends its gratitude to all of the event partners, sponsors and auction donors who made this special event possible.

CELEBRATING THOSE WHO MAKE A DIFFERENCE

The 2021 Make a Difference Awards recognised the many individuals and businesses that have supported Youth Focus' life-changing work with young people over the past 12 months.

This year, Youth Focus presented awards in five categories including the Youth Award, which was presented to both Bryonie Dann-Stokes and Tia Dunn for their strong commitment and motivation to achieving positive counselling and vocational outcomes.

The evening also saw Youth Focus clients Sarah Sinclair and Zoe Dutton awarded Tim Anderson Scholarships to support their educational endeavours.

MENTAL HEALTH WEEK BREAKFAST

To coincide with Mental Health Week, Youth Focus hosted a breakfast event, which featured discussions around key youth mental health issues, and updates on Youth Focus initiatives and programs.

The event saw 50 key stakeholders gather at the DoubleTree by Hilton Perth Waterfront to hear from guest speaker, Dr Nicole Hill, Research Fellow in Youth Suicide Prevention at Telethon Kids Institute.

Dr Nicole Hill delivered an informative and insightful presentation on suicide clusters and contagion, and postvention response in WA communities.



Mr Barry McGuire delivering a Welcome to Country at the Mental Health Week Breakfast





MAY 8
M8D8

MAKE CONVERSATIONS MATTER

Youth Focus is fortunate to have the generous support of an incredible community of fundraisers and donors, whose contributions enable it to provide vital services to young people all across Western Australia.

From workplace giving to community fundraising events, the passionate supporters of Youth Focus raised more than \$345,000 in 2021/22. These vital funds make a real and lasting difference to the lives of young Western Australians and their families.

In 2021/22, Youth Focus was supported by a number of community driven fundraising activities. While COVID-19 continued to create challenges for some larger scale events, Youth Focus supporters continued to find creative ways to raise funds for youth mental health services and programs.

Thank you to everyone who helped make a difference to young people, through donations, fundraising and events.

Youth Focus held its virtual event, Walk for Me, for the second year. This peer-to-peer fundraising event encourages all Western Australians to walk 15, 24 or 58 kilometres during Mental Health Week. Each of these distances represents the 58 young Western Australians aged between 15 to 24 who died by suicide in 2020. The event attracted more than 1,200 participants who collectively raised more than \$200,000.

In 2021/22, Youth Focus again held its M8D8 campaign, an initiative created by young men, for young men. Each year, this initiative captivates thousands of young people through a social media campaign which educates and raises awareness of mental health issues in young men. The campaign encourages young men to take their mates on a date and have meaningful conversations about mental health. This year, the M8D8 campaign was a finalist in the 2022 Men's Health Awards.

In May 2022, Youth Focus again delivered an end of financial year fundraising drive to help increase awareness about youth mental health and raise vital funds for Youth Focus services. This year, the campaign promoted the organisation's Mentoring Program. The appeal was successful in fundraising more than \$50,000 and building awareness of the Mentoring Program with more young people and adults seeking to be involved.

Thank you to everyone who has supported Youth Focus in the last financial year. Community support plays an essential role in enabling service delivery and reaching more young people in their time of need.

Fundraising for our cause



Partnering for growth

Youth Focus thanks the State and Federal Governments, corporate and foundation partners, and local communities for their generosity in supporting young Western Australians who are experiencing mental health issues.

During the last financial year, Youth Focus welcomed new partners, strengthened existing relationships and maintained government relationships at both Federal and State levels.

Youth Focus continued its strong partnership with The WA Primary Health Alliance (WAPHA), which provides essential funding to support the ongoing management of four headspace centres in Albany, Geraldton, Northam and Midland.

Youth Focus expanded its partnership with the Royal Flying Doctor Service to support vulnerable young people to access essential mental health care in the State's Murchison regions. The partnership with Sandfire Resources and its contractors DDH1 and Sodexo, provided additional funding and in-kind support for this program within these regions where mental health services are scarce or non-existent.

Youth Focus continued to partner with CBH Group which supports web-based counselling services into a number of schools and communities throughout the State's grain growing regions.

In its second year, Stan Perron Foundation continued to support Youth Focus' counselling services in Perth's east and southeast metropolitan corridors as part of a three year partnership.

Long-term supporter, Mineral Resources, continued to partner with Youth Focus to support the delivery of essential face-to-face counselling services for young people, and to provide mental health support to participants of its apprentice program.

Future Generation Australia continued its funding of the Individual Placement and Support Program (previously Vocational Support Program), which supports Youth Focus clients to obtain and sustain meaningful employment and education opportunities.

Youth Focus, with the support of Coogee and Alcoa of Australia, delivered essential counselling services and mental health education in the Peel Region, Kwinana and surrounding areas.

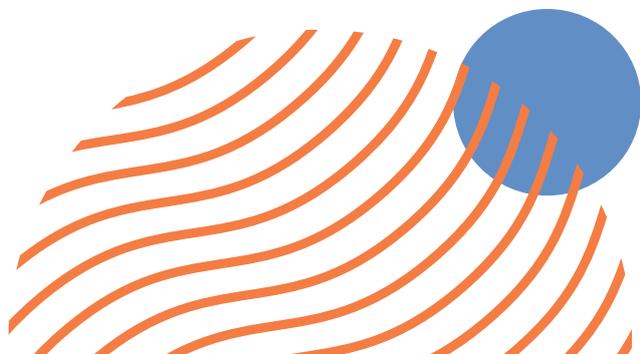
M8D8, the awareness campaign which encourages young men to connect in the simplest of ways for the greatest of reasons, continued as part of the partnership with Alcoa.

In 2021/22, Youth Focus celebrated a 20 year partnership with Hawaiian, as the naming rights partner for the largest Youth Focus fundraising event, the Hawaiian Ride for Youth.

In 2021/22 Youth Focus' partnership with Hesperia supported the delivery of the Individual Placement and Support program offered from headspace Midland.

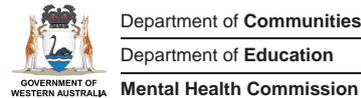
Youth Focus also acknowledges the ongoing support and generosity of the Channel 7 Telethon Trust, IOOF Foundation, Detail and Citadel MAGNUS.

Youth Focus sincerely thanks all of its partners for their support and looks forward to continuing to work together to make a positive difference to the lives of young Western Australians.



Our supporters

PREMIER & MAJOR PARTNERS



OFFICIAL PARTNERS



OFFICIAL SUPPORTERS



EVENT SPONSORS

Ansell Strategic • Arc Infrastructure • Ausenco • Avoca Insurance Brokers • Azure Capital • Battery Minerals • BHP
 Budget Car & Truck Rental • Buswest • Capital Partners • Chronic Care Australia • Citadel-MAGNUS • Corporate Evolution • DRA Global
 Euroz Hartleys • Freo Cranes • Giorgi • Hawaiian • Hesperia • Jenmar Australia Karora Resources • Key Residential • KPMG • MACA
 Matador Capital • Mineral Resources • Minter Ellison • Morgans • Office Solutions IT • Oqea • Poseidon • Resource Capital Funds
 RSM • Shadforth • Simon Lee Foundation • Steinepreis Paganin • Synergy Consulting • WA Primary Health Alliance

EVENT SUPPORTERS

Aquirian Limited • Austral Fisheries • Brightside Live • Budget Car and Truck Rental • Catalano's Seafood
 Cathy Fogliani Events Consultancy & Management • Cove Legal • G51 Toothfish • Global Cabling • Hire Society
 Katharina Surtees Voice Over Artist • Office National Canningvale • Southwest Hospital Pharmacy • The Raft

People & culture

In 2021/22, Youth Focus employed a total of 126 staff across 10 locations. This unique, passionate and diverse group of people live the Youth Focus values every day, in how they engage with community, clients and with each other.

Youth Focus staff benefit from the diversity of experiences, expertise, perspectives, identities, cultures, and worldviews, which provide an opportunity to share knowledge and meet the diverse needs of young people and communities.

Through the Youth Focus Diversity and Inclusion Working Group (DIWG), the organisation is seeing tangible progress towards its DIWG Workplan. The intent of this plan is to create a space and culture of inclusivity that fosters and attracts diversity in the workplace.

One key initiative driven by the DIWG and co-designed with staff and Youth Reference Groups was the creation of a new organisational Inclusion Statement. The new statement is part of the introduction to this document, and utilises language taken directly from the Guiding Principles and the Reconciliation Action Plan. It demonstrates the organisation's commitment to offering a safe, respectful and relevant space to all, including the young people and families that Youth Focus supports.

There is no doubt that last year was a challenging one for many people, including the Youth Focus team.

Some of the support steps the organisation took this year include:

- Provided staff the opportunity to choose how they would observe the 26th of January public holiday. The organisation offered the option for staff to work and take time in lieu at a more appropriate date for them.
- Provided up to 15 days paid COVID leave, to support staff to navigate the impact of COVID on their lives, be it for care responsibilities, isolation requirements or recovery.
- Entered a 12-month Community Partnership Agreement with the Australian Institute of Management (AIM WA) that provided access to up to a total of \$50,000 in pro-bono leadership and management training courses available to staff across the organisation to support their development. Thank you to AIM WA for its generosity.
- Implemented new salary banding structure to ensure remuneration better reflects the market and creates greater transparency and equity throughout the organisation.
- Provided ongoing support through internal structures and processes as well as the external Employee Assistance Program.
- In the development of a lifelong learning program aligned with the Guiding Principles, Youth Focus staff participated in a variety of training including Disability 101, Zonta House 'Everyday' FDV training, See Me See You (Cultural Awareness), EEO and Acknowledge this!

Looking forward, Youth Focus and its people will continue to define a shared sense of identity while seeking opportunities to challenge the status quo and innovating through meaningful engagement, connection and collaboration.



YOUTH FOCUS STAFF AT A GLANCE

79%

DIRECTLY SUPPORT
YOUNG PEOPLE IN
CLIENT-FACING ROLES

71%

OF STAFF ARE
25 - 44 YEARS OLD

60%

HAVE FAMILY WHO HAVE
BEEN IMPACTED MENTAL
HEALTH CHALLENGES

56.3%

HAVE BEEN ADVERSELY
IMPACTED BY MENTAL
HEALTH CHALLENGES
DURING THEIR LIFETIME

>50%

HAVE POST GRADUATE
QUALIFICATIONS

22%

IDENTIFY AS LGBTQIA+

17.5%

HAVE A DISABILITY WITH
47.5% SUPPORTING A FAMILY
MEMBER WITH DISABILITY



TONI BIRD ADMIN OFFICER BURSWOOD

I see working at Youth Focus an opportunity to contribute to an exciting and meaningful organisation. Youth Focus being a not for profit organisation is as diverse as they come and I'm thoroughly enjoying building relationships internally and externally and supporting the Chief Operating Officer. Over the seven months with Youth Focus I have been fortunate and grateful to work alongside some amazing people. I've found I work best in a collaborative environment, and feel my skills are particularly well suited to this environment and look forward to growing and assisting those around me to grow in a positive way.

YOLANDE FRY CLINICAL LEAD HEADSPACE NORTHAM

I value the passion, compassion, integrity and true grit that my team has. This is reflective of the values and support the larger organisation ascribes to. What this results in is an organisation that offers young people clinicians who are empathic, have integrity and can provide a high quality and emotionally and physically safe service.

MARY MARTINEZ HUMAN RESOURCES OFFICER BURSWOOD

I appreciate the openness of my colleagues in offering new perspectives/ideas in joint projects and sharing curiosities with what teams may be working on in other locations. It allows us to collaborate as one Youth Focus Team and motivates me towards our common goal of providing the best services possible for our young people.

PAULETTE ANDERSON TEAM LEADER MEEKATHARRA

"We collaborate" resonates well with me. Without the help, support and guidance from ELT, Finance, Service Excellence and Human Resources the Meeka Mob team would be floundering. The Burswood team never hesitate to provide support when it's needed. From helping us find a reliable plumber that will come to Meeka, to providing advice about specific policies and procedures for working in the outback, they help us to achieve our main goal - working with and supporting young people in remote communities. Over the last year our Meeka team has worked closely with the Meeka community, Karalundi community, and Cue community to deliver services that are relevant to that community's need. It has been an absolute privilege to work with our communities and listen to their needs.



Board of Directors



The Youth Focus Board performs essential governance and strategy functions for the organisation.



DEAN HELY CHAIR

JOINED MARCH 2015
CHAIR FROM FEBRUARY 2020

Dean Hely is the Managing Partner of leading independent Western Australian law firm, Lavan. Dean was admitted as a partner of Lavan's predecessor firm, Phillips Fox Perth, in November 1999. He was deputy Managing Partner of that firm and then of Lavan from 2002 to January 2013. Dean became Managing Partner of Lavan in February 2013.

Dean has more than 25 years' experience in corporate reconstructions, insolvency and commercial litigation for major firms and leading financial institutions.

Dean has a Bachelor of Laws and Bachelor of Commerce from Queensland University.



ARTHUR PAPA KOTSIAS DIRECTOR & CEO

JOINED JANUARY 2019

Originally a psychiatric nurse, Arthur has significant leadership experience across the health sector, and has advocated for improved mental health policies and programs for much of his career.

Previously CEO of Neami National for 27 years, Arthur steered the organisation through significant growth, expanding from two staff to more than 1,000 supporting 9,000 people across five states. Arthur has served on numerous Boards and is a Director for the Western Australian Association for Mental Health. Arthur holds a Graduate Diploma of Business (Health Services Management) from RMIT University and has attended three residential leadership programs at Harvard Business School.



ROD JONES DIRECTOR

JOINED MAY 2020

Rod Jones is the founder and Chair of Navitas, a global leader in the development and provision of educational services and learning solutions for students in 22 countries.

Rod is widely recognised as one of the pioneers of Australia's international education sector and has received several awards for his services to international education, including an honorary Doctor of Education from Edith Cowan University. Rod holds a Bachelor of Commerce from UWA and is a Fellow of the Australian Institute of Company Directors.



PAUL LARSEN DIRECTOR

JOINED OCTOBER 2016

Paul is an experienced CEO, recently completing a 12-year stint as the CEO of Arc Infrastructure. Paul is on the Board of Centurion Transport, Perron Group, Kimberley Ports Authority, and the Non-Executive Chair of Qube Property.

Paul has taken part in the Hawaiian Ride for Youth for the past six years to raise money for the important work Youth Focus undertakes in preventing youth suicide and will be participating as support crew in 2022. Paul holds a Bachelor of Business and is a Certified Public Accountant and Graduate of the Australian Institute of Company Directors.



ASHLEIGH LIN
DIRECTOR

JOINED FEBRUARY 2020

Professor Ashleigh Lin is Program Head of Mental Health and Youth at the Telethon Kids Institute. She is also the Co-Director of Embrace at Telethon Kids.

Ashleigh is passionate about improving the mental health of young people and is recognised as a leader in youth mental health research.

Ashleigh holds a Master of Clinical Neuropsychology and PhD from the University of Melbourne and has worked as researcher in Melbourne and the United Kingdom. She holds an Emerging Leadership Fellowship from the National Medical and Health Research Council in Australia.



CHRISTINA MATTHEWS
DIRECTOR

JOINED AUGUST 2020

Christina Matthews is Chief Executive Officer of the Western Australian Cricket Association (WACA) and a former Australian cricketer.

Christina is a well-respected voice within the Australian cricket community. She has proven herself to be an effective and courageous leader and brings with her 35 years' experience in various management, coaching and development roles.

A significant contributor to the development of cricket, Christina has spent many years supporting community cricket associations and sits on a number of Boards and committees.



BILLY MESTON
DIRECTOR

JOINED FEBRUARY 2020

Billy is the Managing Partner, Western Australia, for PwC Private. He has been working with private, entrepreneurial, and not-for-profit organisations in Australia and the UK since 1994, and has significant experience in corporate governance, strategy, mergers and acquisitions, national and international expansion.

Billy is a former Director and Trustee of the Australian Defence Force Assistance Trust (The Bravery Trust), Director of the Westside Wolves Hockey Club and former President of Claremont Nedlands Junior Cricket Club.



PHIL RENSHAW
DIRECTOR

JOINED OCTOBER 2018

Phil is an Associate Director in the taxation division of BDO WA. Phil has a Bachelor of Business from Curtin University, is a graduate of the Australian Institute of Company Directors, and is an Accredited Mediator with the Resolution Institute of Australia. He is a member of CPA Australia and a Certified Tax Adviser with the Taxation Institute of Australia.

A father to six children and one grandchild, Phil has a resounding empathy with the Youth Focus mission. He has also completed the Hawaiian Ride for Youth twelve times and was Chair of the Hawaiian Ride for Youth Organising Committee for three years. He is also Chair of NFP, Dismantle Inc.



DERRY SIMPSON
DIRECTOR

JOINED DECEMBER 2020

Derry is a brand and communications professional with over 20 years' experience as the strategic architect of some of Australia's best-known brands and businesses.

Currently, Derry is the Head of Brand and Strategic Communications at Telethon Kids Institute - a role that has enabled her to combine her brand and communications experience, with a passion for improving the health and wellbeing outcomes for children.

Derry is a mentor to many young women in WA and a 2018 Telstra WA Business Woman of the Year Finalist.

Derry is also a highly active supporter of the WA arts and creative community, a Director of Awesome Arts International and the Chair of West Leederville Primary School Board.



PETER WYNN OWEN
DIRECTOR

JOINED MAY 2022

Dr Peter Wynn Owen is a Consultant Psychiatrist and an experienced hospital CEO/health service administrator. He currently holds a part time consultant appointment with the State Forensic Mental Health Service and has a private forensic psychiatry practice specialising in the assessment and management of high-risk offenders.

Peter's past Board experience includes director roles with the WA Psychologists Board, beyond Blue, and most recently with the WA NGO Women's Health and Family Services. He was also previously Chair of the Youth Focus Clinical Governance Committee.

Investing in the future

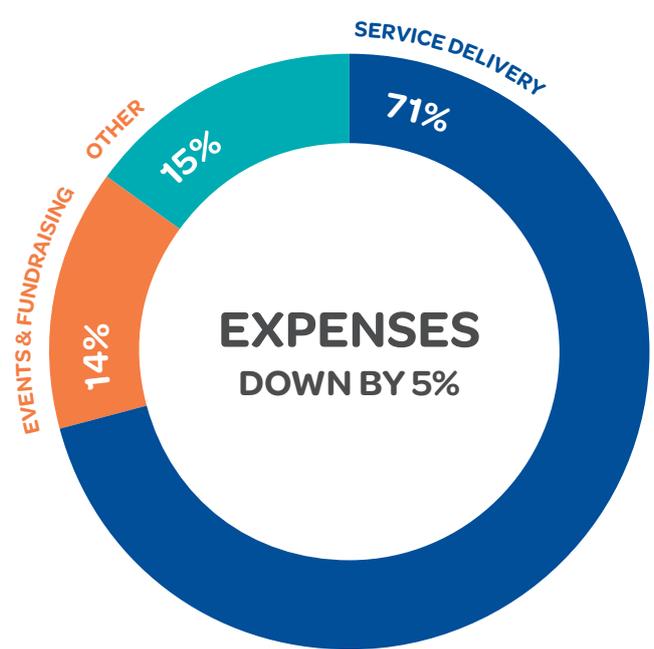
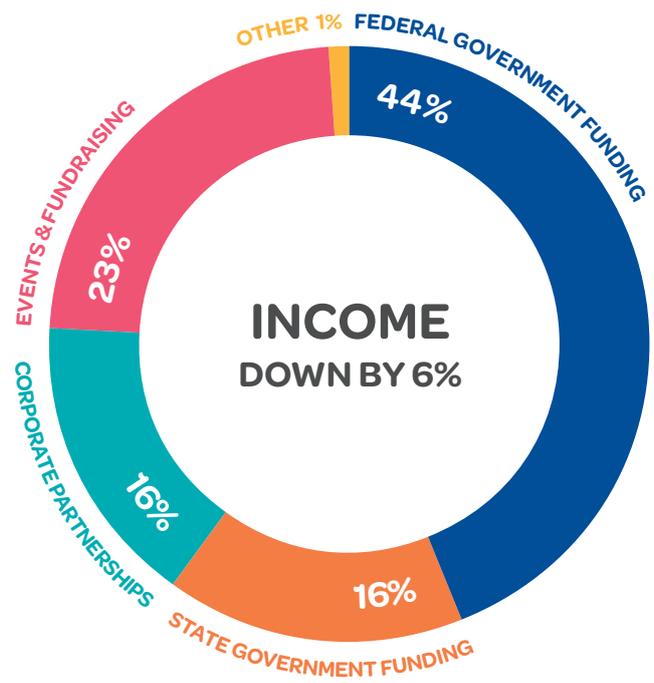
Strong support from the community and mental health sector enabled the organisation to support 3,577 young people across Youth Focus and headspace centres.

Youth Focus continued to see strong support from the community, with an incredible record-breaking fundraising result in the 20th Hawaiian Ride for Youth as well as other fundraising initiatives such as Walk for Me.

This enabled the organisation to record a \$983,649 surplus, to continue to build on its reserves and support the enhancement of its services. These reserves also provide an important buffer to ensure long term continuity of services in years to come.

Youth Focus saw a six per cent reduction in income in 2021/22, due in part to a strategic review and rationalisation of some contracts. Similarly, expenses decreased by five percent, as a result of reduced costs associated with contracts.

Youth Focus is grateful for the ongoing invaluable support from donors, foundations, corporate partners and funding bodies, to enable the delivery of mental health services to young people in the communities in which the organisation operates.



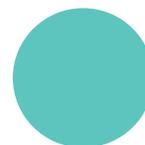


Statement of financial position

AS AT 30 JUNE 2022

| AUDITED | CONSOLIDATED 2022 \$ | CONSOLIDATED 2021 \$ |
|--------------------------------------|-------------------------|-------------------------|
| ASSETS | | |
| Current Assets | | |
| Cash and cash equivalents | 8,455,917 | 4,534,167 |
| Trade and other receivables | 478,154 | 492,370 |
| Other current assets | 225,907 | 2,945,962 |
| Total Current Assets | 9,159,978 | 7,972,499 |
| Non-Current Assets | | |
| Property, plant and equipment | 1,747,589 | 2,173,802 |
| Right of use assets | 414,821 | 468,701 |
| Total Non-Current Assets | 2,162,410 | 2,642,503 |
| Total Assets | 11,322,388 | 10,615,002 |
| LIABILITIES | | |
| Current Liabilities | | |
| Trade and other payables | 881,640 | 616,877 |
| Interest bearing liabilities | 163,708 | 391,362 |
| Other liabilities | 970,844 | 1,416,926 |
| Provisions | 601,242 | 655,057 |
| Total Current Liabilities | 2,617,434 | 3,080,222 |
| Non-Current Liabilities | | |
| Interest bearing liabilities | 282,783 | 131,646 |
| Provisions | 110,603 | 75,215 |
| Total Non-Current Liabilities | 393,386 | 206,861 |
| Total Liabilities | 3,010,820 | 3,287,083 |
| NET ASSETS | 8,311,568 | 7,327,919 |
| EQUITY | | |
| Accumulated funds | 8,311,568 | 7,327,919 |
| TOTAL EQUITY | 8,311,568 | 7,327,919 |

This statement should be read in conjunction with the Notes to the Financial Statements in the Youth Focus Limited Financial Report for the year ended 30 June 2022, available from youthfocus.com.au



Statement of profit & loss & other comprehensive income

FOR THE YEAR ENDED 30 JUNE 2022

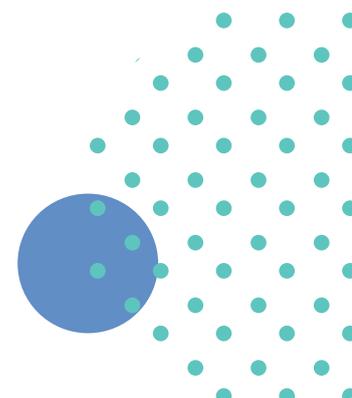
| AUDITED | CONSOLIDATED | CONSOLIDATED |
|---|---------------------|---------------------|
| | 2022 \$ | 2021 \$ |
| REVENUE | | |
| Revenue | 14,865,749 | 15,837,939 |
| Interest income | 7,419 | 15,263 |
| Revenue & Other Income | 14,873,168 | 15,853,202 |
| Employee benefits expense | (9,311,401) | (10,540,570) |
| Depreciation and amortisation expense | (872,305) | (958,923) |
| Event expenses | (832,285) | (615,094) |
| Information communications technology expenses | (551,722) | (680,167) |
| Motor vehicle running expenses | (92,935) | (80,370) |
| Rent and outgoings | (549,838) | (376,270) |
| Insurance expense | (104,019) | (68,922) |
| General office expenses | (434,267) | (386,140) |
| Travel expenses | (127,011) | (204,516) |
| Marketing expenses | (190,746) | (138,959) |
| Finance costs | (23,947) | (33,850) |
| Other expenses | (799,043) | (592,007) |
| Expenditure | (13,889,519) | (14,675,788) |
| Surplus before income tax expense | 983,649 | 1,177,414 |
| Income tax expense | - | - |
| Surplus after tax from continuing operations | 983,649 | 1,177,414 |
| Other comprehensive income | - | - |
| TOTAL COMPREHENSIVE INCOME FOR THE YEAR | 983,649 | 1,177,414 |

This statement should be read in conjunction with the Notes to the Financial Statements in the Youth Focus Limited Financial Report for the year ended 30 June 2022, available from youthfocus.com.au

Statement of cash flows

FOR THE YEAR ENDED 30 JUNE 2022

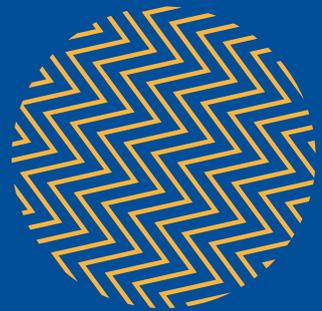
| AUDITED | CONSOLIDATED | CONSOLIDATED |
|---|------------------|--------------------|
| | 2022 \$ | 2021 \$ |
| CASH FLOWS FROM OPERATING ACTIVITIES | | |
| Receipts from customers | 14,433,884 | 16,802,989 |
| Payments to suppliers and employees | (12,739,868) | (13,907,671) |
| Interest received | 7,419 | 15,263 |
| Interest paid | (23,947) | (33,850) |
| Net cash provided by operating activities | 1,677,488 | 2,876,731 |
| CASH FLOWS FROM INVESTING ACTIVITIES | | |
| Purchase of property, plant and equipment | (41,569) | (173,232) |
| Net cash used in investing activities | (41,569) | (173,232) |
| CASH FLOWS FROM FINANCING ACTIVITIES | | |
| Transfer from/(to) term deposits | 2,750,055 | (1,687,395) |
| Payment of lease liabilities | (464,224) | (514,626) |
| Net cash from/(used) financing activities | 2,285,831 | (2,202,021) |
| Net increase in cash held | 3,921,750 | 501,478 |
| Cash and cash equivalents at beginning of financial year | 4,534,167 | 4,032,689 |
| CASH & CASH EQUIVALENTS AT END OF FINANCIAL YEAR | 8,455,917 | 4,534,167 |



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youthfocus.com.au

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