

# CARERS' RIGHTS & RESPONSIBILITIES



**Youth Focus acknowledges and respects carers as partners in providing support throughout a young person's mental health journey.**

**We recognise that the role of a carer can be filled by many different and significant relationships in a young person's life, including, but not limited to: family, friends, partners and kin.**

As a carer:

- You and your relationship with the young person matters
- Your support in managing risks to their safety is crucial
- Your individual needs will be considered in decision making
- You can participate in the development, delivery and evaluation of our services
- You have the right to provide feedback at any point through our website or via email at: [feedback@youthfocus.com.au](mailto:feedback@youthfocus.com.au)

We will support you to create an environment that nurtures the health and wellbeing of the young people in your care. Your **active engagement** in their mental health journey, **open communication** and **respect** for their needs will contribute to more **positive outcomes**.

